

## The Cry of My Soul -- Psalms reading schedule

Day Psalms

1 1-5

2 6-10

3 11-15

4 16-20

5 21-25

6 26-30

Our conversation on Wednesday, August 6 will cover Psalms 1-30

7 31-35

8 36-40

9 41-45

10 46-50

11 51-55

12 56-60

13 61-65

Our conversation on Wednesday, August 13 will cover Psalms 31-65

14 66-70

15 71-75

16 76-80

17 81-85

18 86-90

19 91-95

20 96-100

Our conversation on Wednesday, August 20 will cover Psalms 66-100

21 101-105

22 106-110

23 111-115

24 116-120

25 121-125

26 126-130

27 131-135

Our conversation on Wednesday, August 27 will cover Psalms 101-135

28 136-140

29 141-145

30 146-150

Our conversation on Wednesday, September 3 will cover Psalms 136-150

### **Approach questions to daily readings**

1. What is the cry of the psalmist?
2. How is the psalmist hurting?
3. What is the source of the psalmist's rejoicing?
4. How is the psalmist feeling?
5. What is the psalmist wanting?
6. What does this psalm reveal about our God?
7. What language is used to describe/address God?
8. How does the psalmist's cry or actions reflect (or not reflect) Jesus?
9. What is the cry of your soul?
10. With which of the psalms could you most easily identify this week?